

- 11 Shaun has been experiencing depression. He has been struggling to get out of bed to go to work and has attempted suicide. Shaun has not been eating properly and has felt tired and lethargic at work.

Shaun's mother has recently been diagnosed with a life-threatening illness, and his father was diagnosed with depression when Shaun was a baby.

- (a) State **one** possible cause of Shaun's depression that could be defined as 'nature' in the above scenario.

(1)

Genes could have caused Shaun's depression if his father was also diagnosed with it

- (b) State **one** possible cause of Shaun's depression that could be defined as 'nurture' in the above scenario.

(1)

A stressful life experience like his mother being diagnosed with a life threatening illness could have caused it.

- (c) Explain **one** way that drugs could be used as a treatment to help Shaun.

(2)

Drugs could be used as a treatment to help Shaun because they would raise his serotonin levels which could help with his depression.



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